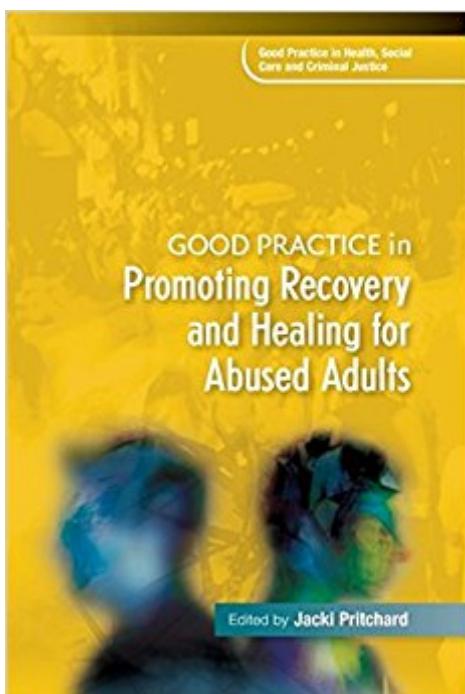


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Good Practice In Promoting Recovery And Healing For Abused Adults (Good Practice In Health, Social Care And Criminal Justice)



Synopsis

What constitutes real recovery for adult victims of abuse? Current support offered to adults is often poorly planned and informed; this book sheds light on the true impact of abuse and how it can be healed. *Good Practice in Promoting Recovery and Healing for Abused Adults* explores the idea of 'recovery' being something physical in the short-term and 'healing' as an emotional process for long-term work. The book features chapters written by practitioners and researchers from various backgrounds and gives an insight into how to be creative in helping both male and female victims through recovery and healing processes. The prologue introduces the views of victims themselves before the opening chapter considers how recovery and healing should fit into the adult safeguarding process. The chapters then describe creative therapeutic methods which can be employed to help victims recover and to heal in different settings, whilst highlighting the long-term effects of abuse and the subsequent issues to be addressed. The issues covered range from child sexual abuse, domestic abuse and sex trafficking to the abuse of men and holocaust victims. With pedagogical features throughout, the book is essential reading for social workers, nurses, housing officers, support workers, counsellors, therapists, and for anyone working with adults who have experienced abuse in childhood or adulthood.

Book Information

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Customer Reviews

"This refreshing and wide ranging book is challenging of - and informative for - professionals

working in the field of abuse, including domestic, sexual, physical and emotional abuse and the subsequent trauma those can lead to. Rarely do we hear so clearly the voice and experiences of the survivors themselves, both male and female, alongside the voices of the workers in the field. The book addresses the practical and therapeutic needs of survivors, highlighting the creative resources survivors find useful (and the scarcity of them) as well as psychological understandings of the complexity professionals can expect to be dealing with across a range of different settings. Once again Jacki Pritchard has managed to bring together a knowledgeable and experienced group of authors, all with something to add to our view of 'recovery' and 'healing' from abuse - concepts that are skilfully woven throughout. This book should be on a list of required reading for all health and social care professionals. --Kim Etherington, Emeritus Professor, Graduate School of Education, University of Bristol, UK and author of several books including *Narrative Approaches to Working with Adult Male Survivors of Child Sexual Abuse: The Clients', the Counsellor's and the Researcher's Perspectives*

This collection, edited by Jacki Pritchard, covers an extensive array of situations of abuse and the approaches that can be used to support individuals go beyond coping and growth to their full potential. The concept of healing is used to differentiate long-term development from that of immediate or short-term recovery in the therapeutic process. Maslow's Hierarchy of Needs is used to guide the therapeutic approaches of many of the practitioners who write in the book's many pages. However, the authors caution against thinking that one approach will meet all situations and highlight the importance of working carefully, empathetically and courageously with the brave victim-survivors who have sought assistance. The authors also provide helpful hints to keep practitioners and those they work with on task. In short, *Good Practice in Promoting Recovery and Healing for Abused Adults*, is an accessible, easy to read manual that includes many tips for how to work with vulnerable individuals who are trying to 'Go Beyond' their victim status of being or having been abused. (Lena Dominelli, Professor of Applied Social Sciences, Durham University, UK) This is a very important book. It provides much needed discussion of practice in relation to recovery and longer-term healing for individuals from a range of abusive contexts, from adult victims of child sexual abuse, through domestic violence to survivors of the holocaust. A key feature, and particular strength, is that it is rooted in the direct experiences and voices of those who have been abused, both female and male. The focus on the impacts of abuse provides a very sensitive, detailed and realistic basis for the discussion of different approaches to recovery and healing from abuse, and shows how these may be applied in a variety of settings. This is a "must have" book for any practitioner working with the aftermath of abuse, whatever the context. (Professor Marianne Hester)

OBE, Head of Centre for Gender & Violence Research, University of Bristol, UK)

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